



MYSO is proud to offer the MYSO Academy again in 2016-17 for boys and girls with birth dates in 2009 (8 Under), 2008 (9 Under), 2007 (10 Under), 2006 (11 Under), 2005 (12 Under) year groups.

The MYSO Academy provides MYSO players with additional training with more advanced coaching and instruction.

The 2016-17 MYSO Academy training sessions will focus on Ball Mastery, Skill Moves, 1v1 situations and 4v4 small sided games. The overall objective is to help younger players improve their comfort with the ball at their feet, be more confident in 1v1 situations and learn to play faster in tighter spaces.

MYSO Academy begins September 19th and runs for 8 consecutive Monday evenings. MYSO Academy Registration cost is \$55. Pre-registration for participation is required and will be limited to the first 50 applicants for each training period. Please go to meridiansoccer.com to register.

Each Academy Training Session has two training periods.

MYSO Academy Training Period #1: 5:15-6:30 payers with birth dates in years 2008 and 2009.

MYSO Academy Training Period #2: 6:30-8:00 payers with birth dates in years 2005, 2006 and 2007

